



Wisconsin Recovery Implementation Task Force • 1 West Wilson Street, Room 951 • PO Box 7851 • Madison, WI 53707-7852

Recovery Implementation Task Force Training and Education Committee

Friday, September 25, 2020

9:00 am - 12:00pm

Committee Minutes:

A. Welcome and Introductions

Members Attending: Kyle Wicks, Theresa Kuehl, Autumn Shaffer, Joann Stephens, Lynn McLaughlin, Tim Saubers, Mary Hamilton, Kevin McGetigan, Maria Hanson

**Some confusion around finding the Zoom meeting link, so moving forward, if using Zoom, Joann will share the link via Outlook calendar, as well as keeping it on the top of the meeting agenda (see above)*

B. Committee Announcements

- a. Maria will be co-chairing this committee, for now.
- b. Mental Health and Substance Use Conference is Wednesday, October 28 – Friday, October 30, 2020. The conference will be virtual. Registration is now open. [See more about the conference.](#)
- c. Recovery Rally is tomorrow, Saturday September 26, on the steps on the Capitol in Madison, WI in celebration of Recovery Month. [Learn more about the rally.](#)

C. Review minutes from last committee meeting”

- a. Autumn motioned to approve the minutes, Mary seconded. Minutes were approved.

D. Update on the CPS Practice Guide: “Wisconsin Certified Peer Specialist Best Practice Guide: Bringing the Core Competencies to Life”

- b. Tim brought the CPS Practice Guide (draft) to the CPSAC (Certified Peer Specialist Advisory Committee). There was brief discussion and very little feedback. We will discuss this at the next T & E committee meeting.

D. Discuss Implementation Science with Scott Caldwell

- a. Scott Caldwell sent a packet of readings in advance of the meeting today. The readings address the *what*, the *who*, the *why* and the *when* of implementation science.

- b. Some key take-aways from the discussion about the reading:
 - i. The "what" of implementation is having a "usable innovation". (Examples of useable innovations include Motivational Interviewing, Dialectical Behavior Therapy, Trauma-Informed Care, etc.)
 - ii. Once the useable innovation is chosen, a practice profile for that specific useable innovation outlines clear expectations for practitioners on how they are expected to use this new way of working.
 - iii. A team of people, known as the useable innovation "implementation team" moves the effort to implement the new way of working forward. They support and monitor the effort. People who receive services are included within the implementation team.
 - iv. Leadership. Leadership is involved with disciplined focused.
 - v. Data is collected on the implementation effort.
 - vi. There are not funds specifically set aside to take on implementation science. However, with commitment, organizations can adjust internal resources to make change happen.
 - vii. Nothing changes from a 1 or a 2 day training. It's impossible to learn complex, new ways of working from a workshop.
 - viii. Many folks on the committee have been part of implementation efforts.
 - ix. Just like recovery, implementation change is a process. It takes time. Think "stages of change".
- c. Some key take-aways about applying this learning to the task force:
 - i. The T & E committee could consider moving towards becoming an implementation team.
 - ii. First define the "what". *What is our useable innovation?*
 - i. Consider completing the Practice Profile Planning Tool.
- d. Next steps for learning:
 - i. We are welcome to attend Scott's implementation-focused panel discussion workshop at the Mental Health and Substance Use Recovery Conference on Wednesday, October 28 from 10am - 11:30am. The conference will be by Zoom. Theresa will email you the Zoom link a week or so before the presentation.

Here is the description for the workshop: While many evidenced-based practices (EBPs) exist for uptake and delivery in human services, a recent study estimated 1% to 3% of agencies actually achieve successful implementation. Implementation means selected providers integrate the EBP into routine practice with fidelity. This is an ambitious goal because implementation involves new ways of working. In this panel presentation, you will hear from the perspectives of an agency director, an implementation team member and coach, and practitioner with moderation from the state consultant on the challenges, successes, and lessons learned in the process of implementing the EBP, motivational interviewing.

- ii. Review examples of Practice Profiles for Motivational Interviewing, Person-Centered Planning, and Listening Well.

- iii. Review a report about Scott's experience with one implementation project.

E. Recap action items – identify and list who is doing what

- a. Please consider being a co-chair of this committee.
- b. Joann prepare for November meeting, sharing about the past speaker's bureau, history
- c. Theresa and Scott Caldwell will share three practice profiles, to see as examples (Listening Well, Person-Centered Planning, and Motivational Interviewing).
- d. Consider attending the implementation science presentation via Zoom on Wednesday, 10/28 from 10am – 11:30am. The link for this presentation will be emailed to you a week before.
- e. Each member should reflect on their ideas for our next steps and next agenda. Email your ideas to Maria by 10/15. *The agenda planning committee meets Friday, 10/16.*

F. Call for future Agenda Items for Committee

- a. Follow-up: *Wisconsin Certified Peer Specialist Best Practice Guide: Bringing the Core Competencies to Life*
- b. Speakers Bureau
- c. Continued learning about implementation science

Resume Full RITF meeting, discuss next agenda items/ public comment

Contact Staff Person for Committee: Theresa Kuehl – Theresa.Kuehl@wisconsin.gov or 608-261-6743

Contact Person for RITF Support: Joann Stephens – Joann.Stephens@wisconsin.gov or 608-266-5380 (office), 608-405-2569

Note: Please refrain from wearing perfumes or scented products to accommodate those with chemical sensitivity or environmental illness, and refrain from flash photography without permission of all present to accommodate those with seizure disorders.

Accessibility: This meeting is accessible to people with mobility impairments. People needing accommodations to attend or participate in this meeting please notify the contact person five days prior to the meeting.

Recovery Implementation Task Force Mission Statement

To transform Wisconsin mental health and substance abuse services to embody recovery, hope, dignity and empowerment throughout the lifespan, in partnership with the DHS-DCTS-BPTR.